

Carver Memorial Library

DECLUTTER BINGO

Declutter for 20 minutes	Knickknacks/tchotchkes (you never liked)	Books and magazines that you meant to read or won't reread	Food that expired/you forgot/won't eat	Linens, towels, dish cloths
Kitchen cabinet (tupperware!)	Encourage someone on their decluttering journey	Clothes or one category of clothes	Clean out your wallet, purse, bag, or backpack	Toiletries, makeup, & first aid you no longer use or enjoy
Socks and underwear	Organize nightstand or side table	"Free up" space	Photos and mementos duplicates	Old papers: manuals, documents, receipts etc.
Crafts or hobbies sincere but not happening	Clean out the car	Appliances you (face it) won't use or ever fix	Say something encouraging to yourself	Shoes that Do. Not. Fit or are already dead
Under the sink	Old technology mystery cords etc.	Toys games, sports equipment, etc.	Clear a surface (coffee table, desk, counter...)	Finish a task you've been avoiding

For each Bingo row (up to five), earn a small Carver logo prize and a raffle ticket for a gift certificate drawing.
Ends March 31.



It's always a good idea to check ahead about what they're able to take!

Electronics, working or not; printers, toner, cables: Goodwill, Best Buy, Staples

Medications, expired/unused: Walgreens, other pharmacies; Searsport Police Department, Belfast Police Department lobby (24/7).

Clothes, household items, and furniture

Pay it Forward for Kids, Searsport. Main St. (207) 548-4187

Bargain Barn, H.O.M.E. Orland. 82 Schoolhouse Rd. (207) 469-3102

Talk & Shop, Bucksport. 79 Main St. (207) 469-1169 (Not much room for furniture)

Goodwill

Salvation Army

Clothes and toiletries

Searsport schools have clothing closets for students. Call ahead.

Clean and gently used clothing in kids sizes, especially 5-6 and middle and high schoolers in plus sizes, and clothes with flexible sizing like sweats and tshirts.

Spring jackets, warm hats and gloves, boots and shoes.

Also towels and personal toiletries for the Middle/High School closet.

Elementary School: 548-2317, ask for Karen Toothaker

Middle/High School: 548-2313, ask for Courtney Eastman

Food and toiletries (non-perishables, unopened and not expired)

Belfast Soup Kitchen, 31 Belmont Ave. (207) 338-4845

Furniture and building supplies

Habitat for Humanity ReStore (Rockport, Bangor, Waterville, Belfast coming soon)

Books, movies, and music

Goodwill takes pretty much any book

Your local library may take recent items in great condition; ask/let them look through your donation first.

Find a Little Free Library! There are several in each town. (Books only)

Bull Moose will buy back some items for cash or store credit. Also **DVDs, Blu-ray, CDs, vinyl, and video games**. (Bangor, Waterville, etc.)

Places to sell/give away:

Facebook Marketplace, Facebook groups like Waldo County Families Helping Families,

























Everything Free/ Buy Nothing groups, Craigslist, Uncle Henry's, eBay, Mercari, Freecycle

Clothes: Poshmark, Depop, ThredUp

A free pile by the end of your driveway! (better on summer weekends in good weather)

Decluttering Book List

Some of our books on decluttering and organizing. Use keywords like "decluttering" and "orderliness."

Cover	Location	Label	Title	Author	©Date
	Non-Fiction	646.7 Flanders	The year of less: how I stopped shopping, gave away my belongings, and discovered life is worth more than anything you can buy in a store	Flanders, Cait,	2018
	Non-Fiction	646.7 McAlary	Slow: simple living for a frantic world	McAlary, Brooke,	2018
	Non-Fiction	648 Boyd	Beautifully organized: a guide to function and style in your home	Boyd, Nikki	2019
	Non-Fiction	648 Crawford	Messy minimalism: realistic strategies for the rest of us	Crawford, Rachelle,	2021
	New Books	648 Dacey	Reclaim your life from hoarding: practical strategies for decluttering your home, organizing your space, and freeing yourself	Dacey, Eileen,	2020
	Non-Fiction	648 Kon	The life-changing magic of tidying up: the Japanese art of decluttering and organizing	Kondō, Marie,	2014
	Non-Fiction	648 Mag	The gentle art of Swedish death cleaning: how to free yourself and your family from a lifetime of clutter	Magnusson, Margareta	2018
	Non-Fiction	648 White	Decluttering at the speed of life: winning your never-ending battle with stuff	White, Dana	2018
	Non-Fiction	648 White	Organizing for the rest of us: 100 realistic strategies to keep any house under control	White, Dana	2022
	Non-Fiction	648 Aslet	For packrats only: how to clean up, clear out, and live clutter-free forever!	Aslett, Don,	2002
	New Books	648 Bla	Throw out fifty things: clear the clutter, find your life	Blanke, Gail	2009
	Non-Fiction	648 Boy	Simple matters: living with less and ending up with more	Boyle, Erin,	2016
	Non-Fiction	648 Davis	How to keep house while drowning: a gentle approach to cleaning and organizing	Davis, KC,	2022
	Non-Fiction	648 Mellen	Unstuff your life!: kick the clutter habit and completely organize your life for good	Mellen, Andrew J.	2010
	Non-Fiction	648 Shearer	The home edit life: the no-guilt guide to owning what you want and organizing everything	Shearer, Clea,	2020
	Non-Fiction	648 War	Downsizing your home with style: living well in a smaller space	Ward, Lauri	2007
	Non-Fiction	747 Yokota	Home therapy: interior design for increasing happiness, boosting confidence, and creating calm	Yokota, Anita,	2022
	Children's Room	Brd Dahl	Little Tiger picks up	Dahl, Michael.	2014
	Children's Room	Pic Dew	Llama Llama mess, mess, mess	Dewdney, Anna	2019
	Children's Room Paperbacks	Pic May	Just a mess	Mayer, Mercer	2006
	Children's Room	PicBk Ves	I don't want to clean my room! and other poems about chores	Vestergaard, Hope	2007
	Children's Room	PicBk Wel	Max cleans up	Wells, Rosemary	2000
	Children's Room	J FIC Pei	comics/manga: Big Nate flips out	Peirce, Lincoln	2013
	Children's Room	J FIC Wig	comics/manga: Frankie Pickle and the closet of doom	Wight, Eric	2009



Carver Memorial Library



TIPS AND RESOURCES

Whatever state your house is in, now is a perfect time to start!

Pomodoro Method: Set a timer and do just 20 minutes. Or 15. Or 10.

Think about categories for sorting: keep, belongs in a different part of the house, donate, trash/recycle, sell, give to family/friends...

It helps to empty everything out of the drawer/cupboard/box/closet and then go through it so that you really see each item.

Pick up each item and make a decision: what category does this go in?

Easy wins build momentum: do a small area, like one drawer, not your entire closet.

Start with areas that have less emotional baggage. How about under the sink?

Start with your own things. Your family members may be inspired by your example! Don't get rid of their things without asking!

You don't need fancy storage boxes (unless you want them and they fit your budget). Don't buy any until you've gone through things, you might have less to store!

Make sure each item has a spot where it belongs, so that you always know where to put things away and find them again.

It often takes multiple rounds of decluttering an area to get it whittled down. Go at your own pace with what you're ready to get rid of.

Resources

So many books in your library!

KC Davis on decluttering and cleaning when you're overwhelmed. Her book is great too!
<https://www.strugglecare.com/resources/#home-care>

The 30 Greatest Decluttering Tips of All Time
<https://www.apartmenttherapy.com/decluttering-tips-36704986>

A Guide to Getting Rid of Almost Everything
<https://www.newyorker.com/magazine/2022/02/28/a-guide-to-getting-rid-of-almost-everything-decluttering>

YouTube channels can be inspiring, motivating, and have some great tips. Also fun to have on in the background while you declutter! Some to check out: The Organized Soprano, Dana K. White, Minimalist Mom, The Suitcase Designer, and so many more!